



## **SCIENTIFIC PROGRAMME**

# **EUROPEAN STROKE STRATEGIES**

**2<sup>nd</sup> HELSINGBORG CONSENSUS CONFERENCE**

**HELSINGBORG, SWEDEN, March 22-24, 2006**

**Arranged by the International Society of Internal Medicine (ISIM),  
endorsed by the European Stroke Council (ESC) and International Stroke  
Society (ISS),**

**and co-sponsored by the World Health Organization (WHO) Regional  
Office for Europe,**

**and in collaboration with the European Region of the World Confederation  
for Physical Therapy (ER-WCPT), and the European Association of  
Neuroscience Nurses (EANN).**

**Wednesday March 22, 2006**

**Opening session 13.00-14.20**

*Chair: Kjell Asplund, Sweden, Co Chair: Aushra Shatchkute, Denmark.*

- 1. Welcome addresses (Thomas Kjellström, Sweden (ISIM), Aushra Shatchkute, Denmark (WHO-EURO), Julien Bogousslavsky, Switzerland (ISS), Werner Hacke, Germany (ESC), Ann Arleklo, Sweden (City of Helsingborg)).**
- 2. The Helsingborg Declaration revisited. (Bo Norrving, Sweden)**
- 3. Stroke from the patient's perspective (Arne Hagen, Norway)**
- 4. The burden of stroke in Europe. (Thomas Truelsen, Denmark)**

## **I. Organisation of stroke services 14.40-17.00**

*Chair: Markku Kaste, Finland, Co Chair: Danilo Toni, Italy.*

- 1. Current status of stroke services in Europe – a review. Perspectives from Scandinavia and Germany (Markku Kaste, Finland)**
- 2. Building organised stroke care: perspective from low-middle resource countries. (Alexander Tsiskaridze, Georgia, László Csiba, Hungary)**
- 3. Different actors in implementing efficient stroke strategies. (Martien Limburg, Netherlands, Danilo Toni, Italy)**
- 4. Revised Helsingborg Declaration: presentation and discussion (working group + audience)**

*17.15-19.00 Reception at the Helsingborg City Hall.*

## **Thursday March 23**

### **II. Management of acute stroke 8.00-10.30**

*Chair: Werner Hacke, Germany, Co Chair: Gudrun Boysen, Denmark.*

- 1. Prehospital and in-hospital organisation: time is brain (Werner Hacke, Germany).**
- 2. General care on a stroke unit (Gudrun Boysen, Denmark)**
- 3. Thrombolysis and beyond (Antonio Davalos, Spain)**
- 4. Revised Helsingborg Declaration: presentation and discussion (working group + audience)**

### **III. Prevention 11.00-12.00; 13.00-14.30**

*Chair: Julien Bogousslavsky, Switzerland, Co Chair: Kjell Asplund, Sweden*

- 1. Approaches to stroke prevention: implementation strategies. (Julien Bogousslavsky, Switzerland).**
- 2. Do results from clinical trails apply in to individual patients in clinical practice? Do we under- or over-treat? (Peter Rothwell, United Kingdom)**
- 3. Cost-effectiveness of primary and secondary stroke prevention (Kjell Asplund, Sweden)**
- 4. Revised Helsingborg Declaration: presentation and discussion (working group + audience)**

**12.30-13.00 Poster session. Authors required to be present.**

**IV. Rehabilitation after stroke 15.00-17.30**

*Chair: Michael Brainin, Austria, Co Chair: Didier Leys, France*

- 1. Long-term effects of stroke: identifying patients and carers needs (Michael Brainin, Austria)**
- 2. Models of rehabilitation: which, when, how much? (Peter Langhorne, United Kingdom)**
- 3. Stroke and cognition (Didier Leys, France)**
- 4. Revised Helsingborg Declaration: presentation and discussion (working group + audience)**

*19.30 Conference Dinner at the “Parapeten” restaurant.*

**Friday March 24**

**V. Evaluation of stroke outcomes and quality assessment  
8.30-10.30**

*Chair: Cees Franke, Netherlands, Co chair: Antony Rudd, United Kingdom*

- 1. Methodological issues in assessing quality of care (Cees Franke, Netherlands)**
- 2. Lessons learnt from a national stroke register (Birgitta Stegmayr, Sweden)**
- 3. Stroke audit systems (Antony Rudd, United Kingdom)**
- 4. Revised Helsingborg Declaration: presentation and discussion (working group + audience)**

**Closing session 11.00-12.00**

*Chair: Thomas Kjellström, Sweden, Co chair: Ruth Bonita, Switzerland*

- 1. Measuring the impact of the Helsingborg Declaration. (Ruth Bonita, Switzerland)**

**2. Conference summary and conclusions: presentation of the final document  
European Stroke Strategies (Thomas Kjellström, Sweden)**

**3. Closing of the Conference (Thomas Kjellström, Sweden, Aushra Shatchkute,  
Denmark)**

**The Conference has received financial support from:**



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**and**

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**The Gorthon Foundation (the lectures by W. Hacke and J. Bogousslavsky)  
Helsingborg City**

**For further information:**

[www.acponline.org/ISIM](http://www.acponline.org/ISIM)

[www.umea-congress.se](http://www.umea-congress.se)

[www.helsingborg.se](http://www.helsingborg.se)

[www.dunkerskulturhus.se](http://www.dunkerskulturhus.se)